

Actionwork

2011 specialist workshops



Workshops for empowerment for adults and children

Actionwork empowerment workshops are touring the UK 21st February - 31st March 2011. Sessions are run in your venue. Sessions last for 3 hours. Costs: £15 pp (min 30 participants). Facilitator: Dr Andy Hickson



These creative workshops do not promise to solve your life problems. They will leave you feeling more confident and energised and will equip you with a variety of skills to help improve your life and relationships.

For schools and colleges • Link to the curriculum • PSHE
Boost self-esteem • Build confidence • Challenge bullying
Use as INSET • Have fun • Engaging • Educational

To book a workshop or to find out more details please ring 01934 815163 or see www.actionwork.com



Other specialist workshops for 2011 include: anti-bullying training, creating an anti-bullying policy, strategies for dealing with bullying, voice training, Forum Theatre, creating your own piece of drama. To book or for more details: Tel 01934 815163